



Southern Alberta Child & Youth Health Network: Building Children's Mental Health Capacity at the Primary Care Level

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"Building Blocks for the Future –
Improving the Health of Canada's Children and Youth"

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Southern Alberta Child & Youth Health Network

SACYHN is a collaboration between health regions, First Nations, Alberta Mental Health Board, government ministries and agencies, not-for-profit organizations and universities.

Identified Concerns

- **Mental health problems affect up to 25% of Canadian Children.**
- **>80% do not receive intervention.**
- **Most intervention provided by Primary Care physicians.**
- **Most Primary Care Physicians receive little training or support for diagnosing or treating mental health problems in children.**
- **Allied Health professionals with expertise in Children's mental health are few and far between – particularly outside of specialized centres.**

Healthy Minds/Healthy Children:

- **2002 –Southern Alberta Child & Youth Health Network (SACYHN) identifies children’s mental health as a priority.**
- **Healthy Minds/Healthy Children project developed with a mandate to build primary care capacity to meet mental health needs of children & youth.**
- **2003 –Initial funding received from PHCTF.**
- **2006 - MHIF received to continue project.**



Program Initiatives

1. Direct Clinical Support:

- Consultations: in-office & virtual
- Theme based in-services



2. Local/Community Resource Development:

- Information prescriptions
- Desk Reference
- **Online Continuing Professional Development**



Online Continuing Professional Development:

- **Internet based series of modules**
- **Didactic + asynchronous interactive learning**
- **Synchronous option**
- **Inter-professional presenters (psychiatry, paediatrics, social work, psychology, nursing)**
- **Broad range of topics**
- **Accredited by CFPC, RCPS, Social Work**



Home Courses

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Refresh

HEALTHY MINDS - 3A. ATTACHMENT ISSUES (OCT/06)
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VIEW TODAY VIEW LAST 7 DAYS VIEW LAST 30 DAYS VIEW ALL

October 05, 2006 - October 12, 2006



Welcome!

Posted by: Jessica Ayala

Welcome and congratulations on finding the Attachment Issues module!

This is Blackboard, the program that we will be using for our module. We think that you will find it is very user friendly.

The main menu is always on the left side and provides you easy access to different parts of the course. Clicking on each button on the main menu will take you to different areas of the module, as follows:

Main Benefits:

- Easily accessible, current evidence-based professional development
- Flexibility –any time, any place
- Interdisciplinary dialogue - promotes understanding and collaboration
- Increased knowledge and skills with resulting improvements in local service provision
- Decreased sense of isolation for rural practitioners

Currently In Development:

- Practice change research
 - Objective measures of outcomes
- Ongoing needs assessment
 - Future modules, future supports
- Inter-professional communities of practice
 - Ongoing virtual support & discussion

Opportunities for the Future:

- **Expanded access to other children's services**
 - **Education**
 - **Child Welfare**
- **Canada wide networking**
- **Access more expertise**
 - **Inter-provincial dialogue**
- **Capitalize on innovation**
- **Pilot new approaches**

For more information:

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